

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Geoff Lupton-smith

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

**TIME** 01:40:56

**PACE** 07:45/km

OVERALL 40 of 108

**GENDER** 33 of 69

**60 - 69** 2 of 2

27 January 2019, Sun

Date



Bout Time